

**Date:** Monday, June 20

**Time:** 1:30 - 2:45 p.m.

**Leading Change: Developing Person centered Organizations and a Person Centered System**

**Lead Speaker:** Mary Lou Bourne, Private Consultant

**Organization:** Support Development Associates

**Description:** Improving quality of life within available resources is the challenge that all the organizations within long term services face. In this session the process and outcomes of one approach are shared. The approach, which integrates person centered thinking skills with quality management practices, seeks to create transformational change within the systems and services. Change is driven by having the learning from those receiving services being acted on by those who manage the organizations and the system. Creating learning organizations requires that the full system be prepared to move away from compliance with regulations and risk management. Balancing risk with learning throughout all levels of the system is required. The outcomes from efforts that are taking place in 6 states across disability issues and settings are shared. Participating organizations are seeing increases in individual quality of life, fewer behavioral issues, and better problem solving among staff members.

**Audience Level:** Basic

**Room:** Ballroom - A

**Date:** Monday, June 20

**Time:** 1:30 - 2:45 p.m.

**Addressing Multiple Conditions Through Motivational and Person Centered Approaches**

**Lead Speaker:** Erwin Concepcion, Ph.D.LP, Adult Mental Health Psychology Director

**Organization:** Minnesota Department of Human Services, State Operated Services

**Additional Speakers:** Natalie Marr, Psy.D.LP, Transition Services Clinical Director, MN Department of Human Services, State Operated Services

**Description:** This presentation addresses the importance of participants' awareness of the multiple needs of individuals we serve and support and strategies to enhance the ability to begin addressing co-occurring neurocognitive disorders, mental health conditions, and possible substance use disorders. In addition, the presentation will highlight the benefits of a person centered approach to care and support for persons with co-occurring disorders by integrating services to support the person in their recovery goals. Finally, the presentation will address how important it is to enhance our approaches through understanding stages of readiness and building expertise that can lead to a more holistic approach.

**Objective:**

- Identify three benefits to providing integrating care and services for people with co-occurring conditions.
- Identify where participants are in their comfort and own change process for engaging and supporting people with co-occurring disorder in an integrated way.
- Understand how current skills can be enhanced to help individuals with co-occurring conditions.
- Identify one next step participants can take to begin addressing multiple conditions facing the individuals they support.

**Audience Level:** Basic to Intermediate

**Room:** Ballroom - B

**Date:** Monday, June 20

**Time:** 1:30 - 2:45 p.m.

**Submitting Minnesota Health Care Programs (MHCP) Home Care Service Authorizations**

**Lead Speaker:** Danielle Bean, Minnesota Health Care Programs HCP Provider Relations Training and Communications - Lead

**Organization:** Minnesota Department of Human Services, Minnesota Health Care Programs (MHCP)

**Additional Speakers:** Pansi Millage, Provider Relations Trainer-Waiver/Homecare/PCA, MN Department of Human Services Minnesota Health Care Programs

**Description:** Minnesota Health Care Programs (MHCP) requires providers to submit some homecare requests for authorization of skilled nurse visits, home health aid visits and private duty nursing services using the MN-ITS Interactive (278) electronic transaction.

Participants will learn about and how to use the MN-ITS Interactive (278) transaction for requesting these authorizations, which requests must be done electronically, changes to the process and where to find information about preparing and submitting the transaction using the providers' own X-12 compliant software with the implementation of the Health Insurance Portability and Accountability Act (HIPAA) initiative, 5010 in 2012.

**Objective:**

- Introduce MN-ITS Interactive (278) Authorization Request transaction.
- Demonstrate how to locate and use MHCP resources for submitting authorizations for skilled nurse services, home health aid services and private duty nursing services.
- Demonstrate the process for submitting the authorization using the MN-ITS (278) electronic transactions.

**Audience Level:** Basic

**Room:** Commons - Doubletree

**Date:** Monday, June 20

**Time:** 1:30 - 2:45 p.m.

**Caring for Minnesota: Quality Palliative and End-of-Life Care**

**Lead Speaker:** Michele Fedderly, Ed D, Executive Director

**Organization:** Minnesota Network of Hospice & Palliative Care

**Additional Speakers:** Jane Pederson, MD, MS, Director of Medical Affairs, StratisHealth; Julie Benson, MD, Medical Director Hospice and Palliative Care, Lakewood Health System; Shawny Elyk-Prevost, RN, BN, CHPN; Jan Carr, LSW, Life Care Medical Center; Kay Grindland, Program Director, Care Partners

**Description:** This fast-paced session offers information and resources on serving Minnesotans with life-limiting conditions to enhance their quality of life. The presenters will share information about a new initiative targeted at rural communities and a new tool to assure a person's wishes for care are honored.

**Objectives:**

- Explore a new model of care for rural Minnesotans.
- Consider a new tool -- POLST -- to better meet the preferences of individuals.
- Share observations and lessons learned from a rural palliative care program.

**Audience Level:** Basic

**Room:** Elliott A

**Date:** Monday, June 20

**Time:** 1:30 - 2:45 p.m.

**People with Disabilities: Out of Poverty; Into Independence**

**Lead Speaker:** Beth Grube, Policy Consultant

**Organization:** Minnesota Department of Human Services, Disability Services

**Description:** People with disabilities are far more likely to live in poverty. Living solely on public benefits usually means being trapped with fewer resources and choices, and less independence. Having real income from real jobs often means being better off financially and reaping non-financial rewards - satisfaction from using one's skills, being productive and contributing to one's family/community, and social interaction. If you think the people you work with aren't able to work, aren't "appropriate" for work, or don't want to work, it's time to think again!

**Objective:**

- Learn how people with disabilities make real informed choices about work.
- Learn about new tools to help you understand how disability benefits are affected by work.
- Learn skills and explore resources that will enable you to help your clients move out of poverty and into independence.

**Audience Level:** Basic

**Room:** Elliott - B

**Date:** Monday, June 20

**Time:** 1:30 - 2:45 p.m.

**Live Well at Home: Taking Action to Lower Risks**

**Lead Speaker:** Jane Vujovich, Project Manager /Strategic Planner

**Organization:** Minnesota Department of Human Services, Aging & Adult Services

**Additional Speakers:** Live Well at Home Partners - Cindy Conkins, Senior Planner, ARDC Arrowhead Area Agency on Aging; Leslee Loop, Program Specialist, Koochiching Aging Options

**Description:** Learn about the new Live Well at Home (LWAH) model that is helping high-risk privately paying older adults sustain community living and delay spending down to Medical Assistance. A panel of project staff, AAA planning staff, and a provider will present an overview of the guiding principles, risk management tools and strategies, the role of evidence-based programs, key resources, and success stories.

**Objective:**

- Learn about the components of the new LWAH framework of practice including the validated risk screening tool.
- Learn from a LWAH provider how older adults and family caregivers are managing risk factors and what's working.
- Learn opportunities for the model from a regional development perspective.

**Audience Level:** Basic

**Room:** Legion - A

**Date:** Monday, June 20

**Time:** 1:30 - 2:45 p.m.

**The Office of the Secretary of State: Minnesota Elections: A Commitment to Accessibility**

**Lead Speaker:** Mark Ritchie, Minnesota Secretary of State

**Organization:** Office of the Secretary of State

**Description:** Every citizen has a right and duty to participate in our democracy, including voting in local, state and federal elections. However, it is not always easy to exercise this right or to be able to fully engage in the democratic process. This session will review the progress that has been made in making our elections more accessible in Minnesota in recent years and gather ideas for making our system even better.

**Objective:**

- Learn about challenges facing voters with disabilities in Minnesota and specific steps that have been taken by the Office of the Secretary of State and other election officials to address these issues.
- Provide a forum for participants to suggest changes to election laws and procedures that can make voting in Minnesota even more accessible.

**Audience Level:** Basic

**Room:** Legion - B

**Date:** Monday, June 20

**Time:** 1:30 - 2:45 p.m.

**Provider Enrollment and Provider Standards Initiative**

**Lead Speaker:** Pamela Sulmer, MS, Project Manager and Policy Specialist

**Organization:** Minnesota Department of Human Services, Disability Services

**Additional Speakers:** Leah Zoladkiewicz, Program Administrator Principal, Minnesota Department of Human Services

**Description:** The Department of Human Services has committed to the Centers for Medicare and Medicaid Services that it will transition Minnesota from its current local contract-driven waiver provider service framework to a uniform centrally-managed state waiver service provider enrollment and oversight system. The key underpinnings of the new state waiver system will entail the following:

- o Enhanced state-wide provider service standards and enrollment review processes supplanting current county/tribal contracting;
- o Increased service recipient access to qualified waiver service providers; and
- o State-directed jointly state and locally-administered quality assurance provider monitoring and compliance oversight functions.

**Objective:**

- Provide an overview of the evolution and development of the PEPSI project;
- Review the new waiver provider service standards developed in collaboration with stakeholder representatives;
- Describe the state/local entity oversight partnership that define our new post-PEPSI provider system;
- Provide insight regarding the PEPSI implementation plan and timelines.

**Audience Level:** Intermediate - Audience must have knowledge of Home and Community Based Waiver programs and the services associated with those programs. More specifically, the audience should have working knowledge of the administrative functions as it relates to county contracting.

**Room:** Mayo - A



**Date:** Monday, June 20

**Time:** 1:30 - 2:45 p.m.

**On Our Own: Planning and Paying for Long-term Care in Minnesota**

**Lead Speaker:** Tina Armstrong, Director of Health Policy

**Organization:** Minnesota Department of Commerce

**Additional Speakers:** Kelli Jo Greiner, Team Lead, Minnesota Board on Aging

**Description:** People plan for buying their home. People plan for their children's college education. But few people think about how they want to age and receive long-term care services. Why plan? When to plan? How to plan? These are all good questions that each person should consider. This session will focus on the private financing options available to Minnesotans currently and will also include updates on potential future options. Topics to be covered include MN Long-term Care Partnership, long-term care insurance, reverse mortgages, annuities, life insurance, savings, CLASS program and others. The information to be presented is objective and comprehensive. Resources will be provided where people can go for individual objective assistance with understanding long-term care financing options in Minnesota.

**Objective:**

- Learn about private financing options available to help pay for long-term care services in Minnesota.
- Review how planning ahead and the current demographic shifts that make this a critical issue for everyone.

**Audience Level:** Basic

**Room:** Mayo - B

**Date:** Monday, June 20

**Time:** 1:30 - 2:45 p.m.

**Getting Around: Transportation Services in Minnesota**

**Lead Speaker:** Cheryl Newgren, Transportation/LTC Provider Trainer

**Organization:** Minnesota Department of Human Services

**Additional Speakers:** Danielle Bean, Minnesota Department of Human Services, Provider Relations Trainer, Waiver/Homecare/PCA; Bob Ries, Medical Transportation Policy, Minnesota Department of Human Services

**Description:** This workshop will provide information and clarification about transportation services available for Medical Assistance state plan and waiver program recipients and state plan recipients in Minnesota Health Care Programs. The presentation will provide clarification of the similarities, differences and processes within the programs. We will discuss policy/program coverage, roles, responsibilities, communications and available resources.

**Audience Level:** Basic

**Room:** McDonnell - A

**Date:** Monday, June 20

**Time:** 1:30 - 2:45 p.m.

**Continuing Growth Through Aging; Exploring Gerotranscendence**

**Lead Speaker:** Bruce McBeath, Ph.D., Licensed Psychologist

**Organization:** Consultant for Goodhue County

**Additional Speakers:** Patricia C. Kimble, MFA, Three Rivers Community Action

**Description:** This emerging science creates a new understanding of aging while exploring aging “from the inside” of the older person. Discussions regarding this perspective on aging will include the phases of older aging, spiritual growth through aging, today’s changing picture of what it is to be old, ongoing maturation of the brain development throughout our lifespan, tricky questions about memory loss, neurogenesis and neuroplasticity in aging, and the roles of novelty and complexity in aging. Theories discussed include the changing orientation toward the self, toward relationships, shift in relationship toward the cosmos and capacity to experience greater mood stability.

**Objectives:**

- Learn to describe gerotranscendence.
- Understand the four theories regarding positive changes in aging.
- Gain a new perspective on healthy aging.

**Audience Level:** Intermediate - Basic understanding of the psychology of aging; desire to learn new theories; ability to translate theory into application.

**Room:** McDonnell - B

**Date:** Monday, June 20

**Time:** 1:30 – 2:45 p.m.

**MnCHOICES Updates**

Lead Speakers: Pam Erkel, Manager, Special Projects, Disability Services and Kristi Grunewald, Continuing Care Administration Project Director

**Organization:** Minnesota Department of Human Services

Description: The MnCHOICES Project will provide a current update across all sub-projects. This includes an update from Policy, Training and Certification, Payment, First Implementers (pilot) and Systems Technology.

**Audience Level:** Basic

**Room:** Riverview A

**Date:** Monday, June 20

**Time:** 1:30 - 2:45 p.m.

**www.MinnesotaHelp.info®: New Features to Navigate Minnesota's Land of Over 10,000 Helping Agencies**

**Lead Speaker:** Mary Chilvers, Technical Specialist, MinnesotaHelp Network

**Organization:** Minnesota Board on Aging

**Description:** Experience several new enhancements to www.MinnesotaHelp.info® that have been added to the resource website including display and layout, side-by-side comparison, online chat, housing vacancy/availability, web services, etc. Find out how people are using the data in www.MinnesotaHelp.info® to study service gaps by type and geographic area and accessing resource data from their own agency's website.

**Objective:**

- Human and social service professionals will learn how www.MinnesotaHelp.info® can be used as a resource to help clients/consumers.
- Managers and planners will learn how www.MinnesotaHelp.info® can be used to identify service gaps in their geographic region.
- Directors will learn how to use www.MinnesotaHelp.info® web services to link directly to resource data from within their agency's website.

**Audience Level:** Basic

**Room:** Riverview - B

**Date:** Monday, June 20

**Time:** 1:30 - 2:45 p.m.

**Working with Physicians and Clinics**

**Lead Speaker:** Alyssa Erickson, MSW, LICSW, Associate Director of Clinical Services

**Organization:** Alzheimer's Association MN/NDAK

**Additional Speakers:** Michael Rosenbloom, MD, Neurologist, Health Partners; Kara Welk, Rural Care Consultant, Alzheimer's Association MN/NDAK; Bruce E. Money, MD, Internal Medicine, Fergus Falls Medical Group PA

**Description:** Physicians in a Metro area health system and a rural clinic along with their community care partners will discuss strategies to develop a working relationship that provides coordinated care to people with chronic conditions and their caregivers.

**Objective:**

- Learn strategies to develop effective working relationships with community physicians and clinics in support of people with chronic conditions and their caregivers.

**Audience Level:** Intermediate - Knowledge of health care home and chronic diseases

**Room:** Riverview - C

**Date:** Monday, June 20

**Time:** 1:30 - 2:45 p.m.

**PCA Changes or New Community First Choice Option**

**Lead Speaker:** Anne Henry, Attorney, Minnesota Disability Law Center; Lori Dablow, Minnesota Department of Human Services, Disability Services

**Additional Speakers:** Bud Rosenfield, Attorney, Minnesota Disability Law Center; Sherrie Kunkel, Minnesota Department of Human Services, Disability Services

**Description:** This will be a panel discussion about the outcomes of the Legislative session. The panel will describe and detail the PCA eligibility changes which come into effect on July 1, 2011, appeal rights if adopted, and alternatives for those whose services are terminated. If the 2011 Legislature adopts the "Community First Choice Option" (1915k) or some other new program, we will describe the new option, who is covered, what type of assistance is covered and how the new service can be utilized, including self-directed supports to assist persons with disabilities of all ages in the community.

**Objective:**

- Inform all interested and affected of changes in PCA services and any options or alternatives established by the legislature. This proposal is "in the alternative" depending upon the action taken by the 2011 Legislature.

**Audience Level:** Basic

**Room:** Riverview - D

**Date:** Monday, June 20

**Time:** 1:30 - 2:45 p.m.

**Remote Wellness Monitoring: Transforming Lives and Budgets**

**Lead Speaker:** Jim Selvy, MA, LNHA, Director of Senior Living Development

**Organization:** Healthsense, Inc.

**Additional Speakers:** Julie Bischoff, RN, Director, Clinical Informatics, Healthsense, Inc.

**Description:** This roundtable features case studies that illustrate how remote monitoring has been implemented to achieve the stated objectives of: (1) Improving the quality of care, (2) improving the lives of seniors and caregivers, and (3) reducing the cost of care. Annual cost savings of \$20,000 - \$70,000 per individual are routinely realized. Participants will learn to assess which candidates benefit most from adding remote safety / health & wellness monitoring to care plans. Discussion will include how remote monitoring is integrated into care plans as well as roles and responsibilities of caregivers. CHANGE WORK This workshop....

**Objective:**

- Understand what others have done to improve care and control costs. using remote wellness monitoring.
- Understand how remote wellness monitoring improves care and quality of life while reducing costs.
- Learn how to incorporate remote wellness monitoring in care plans.
- Understand financial models for costs and reimbursement.

**Audience Level:** Basic

**Room:** Riverview - E